

Squid with Tomato Salsa

Serves 4

Ingredients:

250g	Squid tubes, medium (20 cm long), cleaned
20ml	Olive oil
	Salt and Pepper
6	Tomatoes, de-seeded and diced
6	Spring onions, sliced
2	Green chillies, de-seeded and chopped
1 small bunch	Basil, chopped
2	Garlic cloves, chopped
2	Lemon, juiced
30ml	Olive oil

For the salsa, combine the tomatoes, spring onions, chilli, basil, garlic and lemon juice with the oil. Add the seasoning and reserve.

Open and score the squid then toss in oil. Place the squid on skewers and grill for 2 minutes on each side until opaque, season then toss into the salsa and serve.

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