



# CHEWTON GLEN

THE SPA

## CORPORATE WELLNESS CLASSES

Transform your corporate event into an unforgettable experience with our bespoke packages, tailored to meet the unique needs of your group. We offer a variety of activities including the invigorating Wim Hof Method to boost energy and focus with a rejuvenating saltwater sauna followed by a cold immersion in the nearby sea, providing a true mind-body reset.

Whether you're looking to inspire teamwork, foster wellness, or simply provide an escape from the norm, we'll create an event that's as unique as your team.

Wellness Class – 60 minutes - Price on application

## CORPORATE TREATMENT MENU

We are delighted to extend an exclusive offer to your team: should 50% or more of your group book either a 45-minute or 60-minute treatment of their choice, each participant will receive a 15% discount on the service.

45-minute treatment:

Mon-Thu | Discounted Price: £110.50

Fri - Sun | Discounted Price: £127.50

60-minute treatment:

Mon-Thu | Discounted Price: £123.25

Fri - Sun | Discounted Price: £140.25

We look forward to welcoming you and your team for a rejuvenating experience that promotes wellness and relaxation.